

All About Face Coverings

Information for
Northern Star Units



Wear them Inside:

- In a car with others who are not family
- Inside a room or building with others who are not family
- Outside if you can not have physical distance of 6 ft

While Wearing a Mask:

1. **Cover your mouth and nose.** Make sure there are no gaps between your face and the mask.
2. **Avoid touching the mask.** If you do, clean your hands with alcohol-based hand rub or soap and water.
3. Replace the mask with a new one as soon as it is damp. **Do not re-use single-use masks.**



Remember Clean Hands:

Wash or sanitize your hands frequently & especially:

- After using the restroom
- After you touch your face covering
- Before you eat or prepare food
- After your handle shared equipment